

Introduction

Work sessions must be posted and fall under the definition of a meeting in the Open Meetings Act. Also, they must be open to the public except for those issues that by law are permitted to be addressed in closed session. Several common issues or questions are addressed below and addressed not as “legal” issues but rather as policy or decision-making issues.

When should work sessions be scheduled?

Work sessions can be scheduled at any time. If scheduled immediately prior to regular sessions, items on the agenda are also placed on the work session agenda. If there are any questions on issues, they can be addressed in the work session. If scheduled on the off week, work sessions mean more meetings, more staff preparation and potentially greater public perception problems if work sessions are not well-attended or televised. If the public isn’t aware of work sessions, it may appear that decisions have already been made by the time council acts in a regular meeting.

What purposes do they serve?

Work sessions can be vehicles for addressing major issues more effectively. They can also provide opportunities for members to focus on long-term decisions rather than the day-to-day management issues that confront the city. Presumably they also make regular sessions more productive and shorter. Work sessions can also help members relate better to one another because of the greater informality of such sessions.

What kinds of items should be on the agenda of work sessions?

An alternative approach to duplicating regular meeting agendas is to reserve work sessions for “blue sky” issues or major projects only. Goal-setting, budget review or major development proposals are examples. If every issue is on both the work and regular session agenda, it may become repetitive.

Should the public be allowed to participate?

Work sessions are intended to provide opportunities for council/board members to study difficult issues, gather and analyze information, and clarify problems. The public should be given an opportunity to address the council/board. If council is going to have a meeting, and it is a posted public meeting, then people ought to have an opportunity to speak, the argument goes. That is perfectly fine, but rules governing public participation ought to be enforced, and those in attendance should be made aware of the purpose of the meeting—to study issues, not to take action.

How do you address the public perception problem?

Citizens often aren’t aware of or understand the differences between work sessions and regular sessions. This often gives rise to the perception that the decision process in the regular meeting is rigged beforehand. There are no easy answers to this problem. The best that can be done is to communicate, as much as possible, the process by which council makes decisions. Make it clear that council holds work sessions for difficult issues, that these sessions are open to the public, and that no decision is made except in a regular session.

Adapted from an article by Dr. Joe Ohren, ICARD/Eastern Michigan University